

Unsolicited testimonials from current Foundation Course students:

*"Thank you for an inspiring and enjoyable foundation course."
N.S.*

"Thank you for the wonderful yoga you are teaching us. My life would not be the same without it." E.C.

"I am enjoying the course very much, and I have appreciated learning from you, as I feel you are a very sincere, knowledgeable, experienced, kind and gentle teacher who teaches yoga in the true tradition." G.S.